#### CRYSTAL SYMPHONY



WEDNESDAY, MAY 24, 1995 GRAND MAIDEN VOYAGE • AT SEA

Maître d'Hotel Josef Widmar Executive Chef Hubert Buelacher

#### CHEF'S SUGGESTIONS

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, sodium by offering these choices:

Mexican Papaya with Jumbo Prawns and Greens, Accompanied with Sauce Grelette

Cream of Squash with Slices of Scallops

#### Roasted Herb Marinated Scandinavian Porkloin

With Natural Gravy, Served with Braised Red Cabbage and Potato Dumplings

Gateau Opera

#### LIGHTER FARE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, sodium by offering these choices:

Steamed Chinese Potstickers with Hunan Dipping Sauce

Plain Beef Broth

#### Plain Broiled Dover Sole

With Steamed Mixed Vegetables and Parsley Potatoes

Symphony of Fruit Purees with Galia Melon Sherbet

Calories: 410 Protein: 29g Fat: 11g Cholesterol: 167mg Sodium: 219mg

#### VEGETARIAN SELECTIONS

Fresh Leaf Salads with Tomatoes, Bell Peppers, and Onion Rings, Thousand Island Dressing

#### Vegetable Cutlet

On Tomato Sauce

Sugar Free Coffee Cake

# CELLAR MASTER SUGGESTIONS

#### WHITE WINE

By the Bottle: Gavi, Villa Scolca, Piemonte, 1993 - \$32.00

By the Glass: St. Veran "La Chapelle" Louis Jadot, 1991 - \$5.00

RED WINE

By the Bottle: Robert Mondavi Pinot Noir, Napa Valley "Reserve," 1992 - \$35.00

By the Glass: Groth Cabernet Sauvignon, Napa Valley, 1991 - \$6.00

## APPETIZERS

Mexican Papaya with Jumbo Prawns and Greens, Accompanied with Sauce Grelette

Cracked Pepper Terrine with Portwine Jelly and Green Apple Confit

Steamed Chinese Potstickers with Hunan Dipping Sauce

Assorted Tropical Fruits, Flavored with Dark Rum

#### SOUPS

Cream of Squash with Scallop Shafings

Beef Broth with Butter Quenelles

Cold Mango and Buttermilk Soup

#### SALADS

Fresh Leaf Salads with Tomatoes, Bell Peppers, and Onion Rings

Crunchy Iceberg Lettuce with Warm Bacon Dressing

Traditional favorite dressings available plus today's specials:
Fat Free Tomato Basil and Low Calorie Italian Dressing

#### PASTA SPECIAL

Linguine all Checca - with Fresh Tomatoes, Herbs, and Mozzarella Cheese

#### MAIN COURSES

Pan Fried Whole Dover Sole a la Meuniere With Butter-Lemon Sauce, Served with Sautéed Leaf Spinach, Vichy Carrots, and Parsley Potatoes

#### Piccata Milanese – Veal Scallopine

Dipped in Egg and Parmesan Cheese and Golden Fried, Served with Tomato Sauce, Sautéed Leaf Spinach and Spaghetti

#### Grilled Black Angus Beef Tenderloin Steak

With Madagascar Green Peppercorn Sauce, Served with Roasted Tomato, Sautéed Leaf Spinach, and Fondant Potatoes

#### Roasted Herb Marinated Scandinavian Porkloin

With Natural Gravy, Served with Braised Red Cabbage and Potato Dumplings

### SIDE ORDERS

Sautéed Leaf Spinach Roasted Tomato Vichy Carrots Braised Red Cabbage
Potato Dumplings Parsley Potatoes Spaghetti with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.

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Maître d'Hotel Josef Widmar Executive Chef Hubert Buelacher Executive Pastry Chef Manfred Schneider

# S W E E T F I N A L E

Gateau Opera

Warm Apple Pie with Vanilla Ice Cream

Symphony of Fruit Purees with Galia Melon Sherbet

Sugar Free Coffee Cake

Assortment of Fruit in Season

# I C E C R E A M F R O Z E N Y O G U R T S H E R B E T

Vanilla, Butter Almond, Cherry, and Chocolate Chip Ice Cream with your choice of Mango, Fudge, and Raspberry Sauce

Freshly Frozen, Banana and New York Cheese Cake Yogurt

Refreshing Galia Melon Sherbet

# SELECTIONS FROM THE CHEESE TROLLEY

Crottin de Chavignol St. Marcellin Münster Dana Blue Emmentaler
Served with Crackers and Biscuits

#### BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Cafe Latté Cappuccino
Espresso Selection of International Teas

Homemade Cookies

# AFTER DINNER DRINKS

As a Digestif, we would like to recommend:

Tia Maria - \$3.75 Vintage Port - \$5.75 Grand Marnier - \$4.00 Remy Martin Cognac V.S.O.P. - \$4.75

or your favorite classic after dinner liqueur, available from your bar waiter