The Captain's Gala

CRYSTAL SYMPHONY

TUESDAY, MAY 16, 1995 GRAND MAIDEN VOYAGE • AT SEA

Maître d'Hotel Josef Widmar Executive Chef Hubert Buelacher

ELCOME ABOARD

I WOULD LIKE TO WELCOME ALL OUR NEW GUESTS ABOARD CRYSTAL SYMPHONY.

I AM PLEASED TO CELEBRATE THIS GALA EVENING WITH YOU.

BON APPÉTIT!

CAPTAIN HELGE BRUDVIK, COMMANDING

LIGHTER FARE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, sodium by offering these choices:

Panache of Garden Greens on Belgian Endive and Radicchio Rosso, Cherry Tomatoes, Baby Cress, and Crunchy Sprouts, Served with Fat Free Tomato-Basil Dressing

> Grilled Filet Mignon of Beef Tenderloin With Assorted Steamed Vegetables and Baked Potato

Freshly Frozen Non Fat White Chocolate Yogurt

Approximately per serving: Calories 429, Protein 31g, Fat 7g, Cholesterol 75mg, Sodium 387mg

V E G E T A R I A N S E L E C T I O N S

Papaya Filled with Exotic Fruit Salad and Perfumed with Midori Liqueur

Cous Cous Paella

With Fresh Vegetables on Tomato Sauce

Chocolate Soufflé with Orange-Vanilla Sauce

CELLAR MASTER SUGGESTIONS

CHAMPAGNE

By the Bottle: Veuve Clicquot Ponsardin Brut, NV - \$50.00

By the Glass: Louis Roederer Brut Premier, NV - \$8.50

WHITE WINE

By the Bottle: Grgich Hills Chardonnay, Napa Valley, 1991 - \$40.00

By the Glass: Pouilly-Fuissé, Louis Jadot, 1992 - \$8.00

RED WINE

By the Bottle: Beringer "Private Reserve" Cabernet Sauvignon, Napa Valley, 1989 - \$50.00

By the Glass: Châteauneuf-du-Pape, Domaine de la Roquette, 1991 - \$8.00



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APPETIZERS

Iced Caspian Sea Sevruga Caviar with Traditional Trimmings, Blinis and Melba Toast

Terrine of Duck Foie Gras with Tossed Spring Greens and Warm Brioche

Papaya Filled with Exotic Fruit Salad and Perfumed with Midori Liqueur

SOUPS

Creamy Green Pea Soup with Champagne

Pheasant Consommé with Morels and Pistachio Quenelles

SALAD

Panache of Garden Greens on Belgian Endive and Radicchio Rosso, Cherry Tomatoes, Baby Cress, and Crunchy Sprouts, Served with Fat Free Tomato-Basil Dressing

> Traditional favorite dressings available, plus today's specials: Fat-Free Tomato Basil or Low-Calorie Lemon Herb Vinaigrette

MAIN COURSES

Broiled Fresh Maine Lobster

With Steamed Green and White Asparagus and Basmati Pilaf Rice

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Grilled Veal Medallions

With Glazed Apples and Apple Cider Sauce, Served with Assorted Spring Vegetables, Green Asparagus, and Angelhair Pasta

Roasted Heart of Beef Tenderloin

With Shallot-Burgundy Red Wine Sauce, Assorted Spring Vegetables and Green Asparagus, Anna Potatoes

> Maple Glazed Chicken Breast on Orange-Parsley Stuffing With Natural Gravy, Served with Assorted Spring Vegetables

SIDE ORDERS

Steamed Green and White Asparagus Assorted Spring Vegetables
Orange-Parsley Stuffing Anna Potatoes Basmati Pilaf Rice Angelhair Pasta

Upon request, dishes are available without sauce. • Vegetables are also available steamed, without butter or salt.

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CRYSTAL SYMPHONY



TUESDAY, MAY 16, 1995 GRAND MAIDEN CRUISE • AT SEA

Maitre d'Hotel Josef Widmar Executive Chef Hubert Buelacher Executive Pastry Chef Manfred Schneider

SWEET FINALE

Chocolate Soufflé with Orange-Vanilla Sauce
Pignoli Croquant Parfait with Whiskey-Caramel Sauce
Sugar Free Passion Fruit Cake
Assortment of Fruits in Season

FROZEN YOGURT SHERBET

Vanilla, Strawberry, Butter Almond, and Praline and Cream Ice Cream with your choice of Mango, Fudge or Raspberry Sauce

Freshly Frozen, Non-Fat White Chocolate or French Vanilla Yogurt

Refreshing Pink Grapefruit Sherbet

SELECTIONS FROM THE CHEESE TROLLEY

Brie Münster Tete de Moine Gorgonzola Bel Paese Served with Crackers and Biscuits

BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Cafe Latté Cappuccino
Espresso Selection of International Teas

Plantation Pralines, Truffles, and Petits Fours from our Executive Pastry Chef

AFTER DINNER DRINKS

As a Digestif, we would like to recommend:

Tia Maria - \$3.75 Vintage Port - \$5.75 Grand Marnier - \$4.00 Remy Martin Cognac V.S.O.P. - \$4.75

or your favorite classic after dinner liqueur, available from your bar waiter

