

CRYSTAL SYMPHONY

BISTRO DINNER

SUNDAY, MAY 7, 1995 GRAND MAIDEN VOYAGE • AT SEA Maître d'Hotel Josef Widmar Executive Chef Hubert Buelacher

# CHEF'S SUGGESTIONS

Escargots Bourguignonne – Burgundy Snails in Garlic-Herb Butter French Onion Soup with Gratinated Cheese Crouton

**Pink Roasted Rack of Baby Lamb "Provençale"** Natural Gravy, Mint Jelly, Green Beans, Ratatouille Niçoise, and Dauphinoise Potatoes

Souffle Grand Marnier with Sauce Negresco

### LIGHTER FARE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, sodium by offering these choices:

Citrus Fruit in Orange Basket, Perfumed with Crème de Cassis

Baked Breast of Spring Chicken Served on Cous Cous and Basil-Green Peppercorn Sauce, Steamed Fresh Vegetables

Sugar Free Rice Pudding with Fruit Salad

Calories: 472 Protein: 16g Fat: 8g Cholesterol: 29mg Sodium: 230mg

V E G E T A R I A N S E L E C T I O N S

Vichyssoise with Bell Pepper Mousse and Chives

Baby Eggplant Stuffed with Ratatouille and Gratinated with Sauce Hollandaise

Tarte Tatin with Vanilla Ice Cream



WHITE WINE

By the Bottle: Chablis Premier Cru, William Fevre, 1992 - \$36.00 By the Glass: Château Carbonnieux, Graves, 1990 - \$8.00 RED WINE

By the Bottle: Château Prieuré–Lichine, Margaux, 1989 – \$42.00 By the Glass: Château de Sales, Pomerol, 1989 – \$8.00

## APPETIZERS

Escargots Bourguignonne – Burgundy Snails in Garlic-Herb Butter Assorted Seafood Cocktail on Crisp Lettuce Chiffonade, Sauce Louis XIII Ballotine of Chicken on Mediterranean Vegetable Salad Citrus Fruit in Orange Basket, Perfumed with Crème de Cassis

### SOUPS

French Onion Soup with Gratinated Cheese Crouton Clear Veal Consommé with Butter Quenelles Vichyssoise with Bell Pepper Mousse and Chives

### SALADS

Assorted Field Greens with Cucumbers, Tomatoes, and Mushrooms Served with Low-Calorie French Dressing

Crisp Butter Lettuce with Fresh Artichoke and Macadamia Nut Dressing

## PASTA SPECIAL

Spaghetti with Scallops, Olive Oil, Garlic, and Parsley

## MAIN COURSES

Sautéed Fillet of Fresh Lemon Sole With Tomato, Basil, Olives, and Noisette Butter Sauce, Steamed Snow Peas and Parisienne Potatoes

**Entrecote au Beurre d'Anis** Grilled Striploin Steak with Anis-Herb Butter, Ratatouille Nicoise and Dauphinoise Potato

**Broiled Breast of Spring Chicken** Served on Cous Cous and Basil-Green Peppercorn Sauce, Steamed Fresh Vegetables

**Pink Roasted Rack of Baby Lamb "Provençale"** Natural Gravy, Mint Jelly, Green Beans, Ratatouille Niçoise, and Dauphinoise Potatoes

#### SIDE ORDERS

Ratatouille Niçoise Steamed Snow Peas Green Beans Steamed Fresh Vegetables Parisienne Potatoes Cous Cous Dauphinoise Potatoes Spaghetti with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.





## CRYSTAL SYMPHONY

ESSERT

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## SWEET FINALE

Soufflé Grand Marnier, Sauce Negresco Tarte Tatin with Vanilla Ice Cream Creme Caramel with Chantilly Sugar Free Rice Pudding with Fruit Salad

Assortment of Fruits in Season

## ICE CREAM FROZEN YOGURT SHERBET

Vanilla, Spumoni, Mint Chocolate Chip, and Black Walnut Ice Cream with your choice of Mango, Strawberry, or Caramel Sauce Freshly Frozen, Non-Fat French Vanilla or Raspberry Yogurt Refreshing Champagne-Strawberry Granite

#### SELECTIONS FROM THE CHEESE TROLLEY

Brie de Meaux Goat Cheese Roquefort Tete de Moine Reblochon Served with Crackers and Biscuits

#### BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Selection of International Teas

#### AFTER DINNER DRINKS

As a Digestif, we would like to recommend: Tia Maria – \$3.75 Vintage Port – \$5.75 Grand Marnier – \$4.00 Remy Martin Cognac V.S.O.P. - \$4.75 or your favorite classic after dinner liqueur, available from your bar waiter

