

Dinner

Saturday, February 16, 2008 Crystal Dining Room, Crystal Symphony At Sea, en Route to Caldera, Costa Rica

Maître d'Hôtel Remi Szutkiewicz Executive Chef Markus Nufer

CHEF'S SUGGESTIONS

Chef Markus Nufer has selected these dishes for this evening:

Oxtail and Foie Gras Spring Rolls with Guava-Mango Chutney

Roasted Garlic Consommé with Poached Quail Egg

Broiled Fresh Atlantic Salmon Fillets

With Creamy Spinach, Squash, Carrot Flowers, New Potatoes and Caviar Beurre Blanc

New York - Poiler of Berries, Rum Punch Baba and Mascarpone Ice Cream

VEGETARIAN SELECTIONS

Crunchy Romaine Lettuce Tossed with Bella Vista Dressing, Topped with Melon and Pineapple Bits and Candied Pecans

Chilled Cream of Fresh Tangerines with Yogurt

Baked Porcini Timbalo

With Tomato Spätzle, Snow Peas and White Asparagus

Chocolate Ooze Cake with Vanilla Ice Cream

ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, carbohydrates, fat and sodium by offering these special selections

Mixed Greens with Plum Tomatoes, Roasted Fennel and Onions

Combination of Sautéed Shrimp and Scallops

On Grilled Vegetables with Tomato-Scallion Vinaigrette

Baked Apple with Sugar-Free Vanilla Sauce

HEAD SOMMELIER'S SUGGESTIONS

White Wine

By the Bottle: Chardonnay, Kate's Winery, "Sedna," Napa Valley 2004 \$46.00 By the Glass: Sauvignon Blanc, "Tement," Steiermark, Austria 2003 \$8.50

Red Wine

By the Bottle: Zweigelt "Schwarz Rot," Weingut Johann Schwarz, Burgenland, Austria 2004 \$74.00

By the Glass: Cabernet Sauvignon, Murphy-Goode Winery, Alexander Valley 2004 \$8.50

For our complete selection of fine wines by the glass, please ask your Sommelier.

APPETIZERS

Tartar of Fresh and Smoked Salmon with Pickled Cucumber and Mango Salad

Oxtail and Foie Gras Spring Rolls with Guava-Mango Chutney

Fresh Mushroom Terrine with Heirloom Tomato Chutney

Chilled Fruit Cup with Black Grapes, Plums and Watermelon

SOUP AND SALAD

Cream of Fresh Watercress with Whole Wheat Croutons

Roasted Garlic Consommé with Poached Quail Egg

Chilled Cream of Fresh Tangerines with Yogurt

Low-sodium soups are available upon request.

Crunchy Romaine Lettuce Tossed with Bella Vista Dressing, Topped with Melon and Pineapple Bits and Candied Pecans

Mixed Greens with Plum Tomatoes, Roasted Fennel and Onions Traditional favorite dressings available, plus today's specials: Fat-Free Yogurt-Carrot or Low-Calorie Balsamic Vinaigrette

PASTA SPECIAL

Ricotta Cheese Ravioli

On Roasted Butternut Squash Purée with Brown Sage Butter and Shaved Parmesan

SALAD ENTRÉE

BBQ Turkey and Crisp Tortilla Salad

BBQ Grilled Turkey Breast on a Bed of Crunchy Greens, Tossed in Citrus Vinaigrette, Garnished with Avocado, Tomatoes, Black Olives and Crisp Tortilla Strips

MAIN FARES

Broiled Fresh Atlantic Salmon Fillets

With Creamy Spinach, Squash, Carrot Flowers, New Potatoes and Caviar Beurre Blanc

Pink-Roasted Rack of Nieman Ranch Pork

With Anna Potatoes, Cardamon-Flavored Lentil Stew and Caraway Gravy

Combination of Seared Scallops and Jumbo Shrimp

On Sweet Corn Risotto, with Vegetable Medley and Lobster Sauce

Grilled Black Angus T-Bone Steak

Served with Gratinated Cauliflower, Broiled Tomato, Crisp Bacon-Smashed Potatoes and Sauce Foyot

Upon your request, these Traditional Main Fares are also available: Sirloin Steak, Served with Vegetable Medley, Grilled Tomato, Baked Potato and Mustard Gravy; or Broiled Free Range Chicken Breast, Served with Mashed Potatoes, Steamed Vegetables and Natural Gravy

SIDE ORDERS

Garden Vegetables Oven-Roasted Vegetables Gratinated Cauliflower
Mashed Potatoes Steamed Rice Spaghetti with Tomato Sauce

Upon request, dishes are available without sauce, and main courses can be served as half portions. Vegetables are also available steamed, without butter or salt.

CRYSTAL 5% CRUISES



Dessert

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Maître d'Hôtel Remi Szutkiewicz Executive Chef Markus Nufer Executive Pastry Chef Harald Neufang

SWEET FINALE

Our Executive Pastry Chef Harald Neufang has selected these Sweet Creations for this evening:

New York

Poiler of Berries, Rum Punch Baba and Mascarpone Ice Cream

Imperial

Sacher Cake, Farmers Cheese Palatschinken and Marinated Strawberries

SUGAR-FREE

Baked Apple with Sugar-Free Vanilla Sauce

Lemon Mousse Cake

CLASSIC DESSERTS

Upon your request, these Traditional Desserts, Ice Creams, Yogurts and Sherberts are also available:

Tahitian Vanilla Crème Brûlée with Fresh Fruits

Chocolate Ooze Cake with Vanilla Ice Cream

Apple Crumble with Cinnamon Ice Cream

Vanilla, Strawberry, Spumoni or Chocolate Ice Cream

With Your Choice of Toppings

Freshly Frozen Low-Fat Cookies 'n' Cream or White Chocolate Yogurt

Refreshing Cranberry Ginger Sherbet

Homemade Cookies

Seasonal Fruits

FROM THE CHEESE TROLLEY

Fontina Stilton Provolone Camembert Pointe de Bique Served with Crackers, Biscuits, Walnut Baguette, Finn Bread and Condiments

HEAD SOMMELIER'S SUGGESTIONS

Dessert Wine by the Glass:

"Vin de Glacière," Bonny Doon Vineyard, California (3oz.) 2005 \$7.00

Dessert Wine by the Bottle:

Trockenbeerenauslese, "Crystal Logo" Alois Kracher, Burgenland, Austria 2000 \$48.00

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