



# Luncheon

Saturday, February 9, 2008  
Crystal Dining Room, Crystal Symphony  
At Sea, en Route to Miami, Florida, USA

Maitre d'Hôtel Remi Szutkiewicz    Executive Chef Markus Nufer

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## CHEF'S SUGGESTIONS

*Chef Markus Nufer has selected these special luncheon dishes:*

**Crispy Fried Calamari with Aioli and Warm Garlic Bread**

**Cream of Tomato Soup Flavored with Tequila**

**Pan-Fried Calf's Liver**

Topped with Grilled Golden Delicious Apples, Smothered Onions, Mashed Potatoes,  
Sautéed Carrots and Green Beans and Sherry-Flavored Gravy

**Pecan Pie à la Mode**

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## VEGETARIAN SELECTIONS

**Palm Heart, Avocado and Endive Cocktail and Orange-Yogurt Dressing**

**Cream of Tomato Soup with Tequila**

**Homemade Vegetable Strudel**

With Assorted Vegetable Medley, Carrots and Cabbage Purée Sauce

**Strawberry Roulade with Fudge Sauce**

## ON THE LIGHTER SIDE

*Crystal Cruises responds to today's trend toward dishes lighter in  
cholesterol, carbohydrates, fat and sodium by offering these choices:*

**Trio of Ham with Mixed Pickles, and Freshly Grated Horseradish,  
and Onion Mustard Relish**

**Mixed Grill of The Ocean**

Grilled Salmon, Tilapia and Shrimp on Black Bean Rice Pilaf  
With Sautéed Bok Choy and Cilantro-Lime Butter

**Sugar-Free Mango Custard Pie**

## HEAD SOMMELIER'S SUGGESTIONS

**White Wine by the Glass:**

Riesling, Kabinett, August Kessler, Rheingau, Germany 2005 \$8.00

**Red Wine by the Glass:**

Syrah, D'Allesandro, Cortona, Tuscany, Italy 2005 \$9.50

*For our complete selection of fine wines by the glass, please ask your Sommelier.*





## APPETIZERS AND SALAD

Crispy Fried Calamari with Aioli and Warm Garlic Bread  
Trio of Ham with Mixed Pickles, and Freshly Grated Horseradish, and Onion Mustard Relish  
Palm Heart, Avocado and Endive Cocktail with Orange-Yogurt Dressing  
Carrot-Apple and Dried Date Salad on Butter Lettuce and Red Leaf Lettuce

*Traditional favorite dressings available, plus today's specials:  
Fat-Free Thousand Island Dressing or Low-Calorie Tomato-Cilantro Vinaigrette*

## SOUPS

Cream of Tomato Flavored with Tequila  
Chicken Consommé with Vegetable Julienne and Noodles  
Tropical Fruit Soup with Coconut Sherbet

*Low sodium soups are available upon request*

## PASTA SPECIAL

Bow Tie Pasta with Fresh Tuna, Olives, Tomatoes, Garlic, White Wine and Italian Parsley

*Available as Appetizer or Main Fare*

## MAIN FARES

Golden-Fried Fish Fingers on Crunchy Lettuce Leaves, with Cucumbers,  
Tomatoes, Red Radish, and Pineapple Chunks, Served with a Tangy Dressing

Chicken Tostada Salad – Warm, Sautéed Chicken Strips and Bell Pepper Sticks,  
Served in a Giant Tortilla Basket, Garnished with Crunchy Lettuce, Kernel Corn,  
Onions, Cucumbers and Shredded Cheddar Cheese

Mixed Grill of The Ocean – Grilled Salmon, Tilapia and Shrimp on Black Bean Rice  
Pilaf, with Sautéed Bok Choy, and Cilantro-Lime Butter

Pan-Fried Calf's Liver Topped with Grilled Golden Delicious Apples, Smothered  
Onions, Mashed Potato, Sautéed Carrots and Green Beans and Sherry-Flavored Gravy

Sandwich of the Day: BBQ Chicken with Pineapple on Red Onion Bun,  
Served with Potato Chips and Coleslaw

American Hamburger or Cheeseburger

Freshly Ground Beef Burger, Grilled to Your Order, Served on a Toasted Bun with  
Pickles, Tomatoes, Sliced Onion Rings and French Fried Potatoes

*Additional Toppings of Applewood Smoked Bacon, Grilled Onions and your Choice of Swiss, Blue or  
Cheddar Cheese are available upon request..*

## SIDE ORDERS

Mashed Potatoes   Sautéed Carrots and Green Beans   Bok Choy

Steamed Garden Vegetables   Farfalle with Tomato Sauce

*Upon request, dishes are available without sauce, and main courses can be served as half portions.  
Vegetables are also available steamed, without butter or salt.*

## DESSERTS

Pecan Pie à la Mode • Strawberry Roulade with Fudge Sauce

Ice Cream Sundae "Taste of Hawaii"

Sugar-Free Mango Custard Pie • Sugar-Free Cappuccino Ice Parfait

Vanilla, Strawberry or Mocha Almond Ice Cream

With Your Choice of Raspberry, Mango or Chocolate Topping

Freshly Frozen, Nonfat White Chocolate or Cookies 'n' Cream Yogurt

Refreshing Strawberry Sherbet • An Assortment of Fruit in Season

International Cheeses, Served with Crackers and Biscuits