

# Luncheon

Friday May 9, 2014 Crystal Dining Room, Crystal Symphony In the Port of Honolulu, Hawaii Maître d'Hôtel Remi Szutkiewicz Executive Chef Peter Degner

#### CHEF'S SUGGESTIONS

Chef Peter Degner has selected these special luncheon dishes:

Coconut Breaded Chicken Tenders with Ginger Rémoulade and Asian Coleslaw

Caramelized Garlic Soup with Croutons

**Balinese Curry** 

With Fresh Grouper, Asian Pickled Vegetables and Steamed Jasmine Rice

**Toffee Pudding** 

#### VEGETARIAN SELECTIONS

Butter Lettuce with Marinated Palm Hearts, Green Beans and Black Olives

Vegetable Broth with Vegetable Julienne and Egg Noodles

Green Split Pea Burger

On a Toasted Bun, Topped with Grilled Portobelo Mushrooms & Curry-Tomato Chutney, Served with Pickled Mustard Vegetables and French-Fried Potatoes

Hazelnut Crunch

# ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, carbohydrates, fat and sodium by offering these choices:

Butter Lettuce with Marinated Palm Hearts, Green Beans and Black Olives

\*Broiled Grouper

Topped with Pickled Vegetable & Asian Herb Slaw, Steamed Brown Rice

Sugar-Free Pineapple Cream

# COMPLIMENTARY WINE SELECTIONS

White Wine:

Chardonnay, Benchmark, Grant Burge, South Australia 2013

Red Wine:

Shiraz "Nine Stones," McLaren Valley, South Australia 2010

For our more extensive selection, please ask your Sommelier.

The Natura Water system is an environmentally friendly alternative to the waste associated with conventional bottled water. Be green, enjoy our pure, fresh and delicious water. It comes in both still or sparkling.



\* United States Public Health Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness, especially if you have certain medical conditions.



#### APPETIZERS

Coconut Breaded Chicken Finger with Ginger Rémoulade and Asian Coleslaw

Assorted, Marinated Herrings with Dill Potatoes

Creamy Spinach and Artichoke Dip with Tortilla Chips

Butter Lettuce with Marinated Palm Hearts, Green Beans and Black Olives

Traditional favorite dressings available, plus today's specials: Fat-Free Thousand Island Dressing or Low-Calorie Red Wine-Basil Vinaigrette

#### SOUP AND SALAD

Caramelized Garlic Soup with Croutons

Chicken Broth with Vegetable Julienne & Egg Noodles

Low-sodium soups are available upon request

# PASTA SPECIAL

Penne Pasta with Seafood Marinara Sauce

Available as Appetizer or Main Course

#### MAIN FARES

Chopped Salad Potpourri – Diced Ham, Roast Beef, Roasted Turkey, Swiss Cheese, Bell Peppers, Black Beans, Cabbage, Tomatoes, Avocado, Scallions and Mixed Greens, Tossed in Light Cajun Dressing, Garnished with Crisp Corn Chips

Chicken Caesar Salad – Crisp Romaine Lettuce, Tossed with Caesar Dressing, Topped with Grilled Cajun Chicken Breast and Homemade Garlic Croutons

\*Balinese Curry with Fresh Grouper, Topped with Pickled Vegetable & Asian Herb Slaw , Served with Steamed Jasmine Rice

Sandwich of the Day: The B.L.T. & Brie Sandwich – Freshly Toasted Sourdough Bread with Tomato, Lettuce, Crisp Bacon Strips and Brie Cheese, Served with Creamy Corn Slaw and Country Fried Potatoes

Old Fashioned Chicken in the Pot – Chicken Simmered in a Clear Broth with Vegetables, Served with Egg Noodles and Matzo Balls

\*American Hamburger or \*Cheeseburger – Freshly Ground Beef Burger, Grilled to Your Order, Served on a Toasted Homemade Brioche or Whole Wheat Bun with Kosher Dill Pickles, Tomatoes, Sliced Onion Rings and French Fried Potatoes Additional Applewood Smoked Bacon, Grilled Onions and your Choice of Swiss, Blue or Cheddar Cheese is available upon request.

#### SIDE ORDERS

Creamy Corn Slaw Mashed Potatoes Steamed Rice Linguine Pasta with Tomato Sauce Steamed Vegetables

Upon request, dishes are available without sauce, and main courses can be served as half portions. Vegetables are also available steamed, without butter or salt.

# DESSERTS

Toffee Pudding • Hazelnut Crunch

"Rum Runner" Sundae: Vanilla Ice Cream, Chocolate Rum Sauce, Rum-Marinated Pineapple and Coconut Whipped Cream

Sugar-Free Pineapple Cream • Refreshing Mango Sherbet Vanilla, Strawberry Cheesecake or Green Tea Ice Cream

with your choice of Raspberry, Mango or Chocolate Topping

Freshly Frozen, Nonfat Simply Vanilla Yogurt • Chocolate Soft Serve Ice Cream

An Assortment of Fruit in Season

International Cheeses Served with Crackers and Biscuits