



# Holland America Line

m.s. Noordam

Captain Cees Spekman, Commander Pieter A. van Jaarsveld, Hotel Manager

# Fall Panama Canal Cruise

At Sea - Friday - September 24, 1993



# For Your After Dinner Pleasure

"The Palm Court" Explorers Lounge 8:00 p.m. - 12:00 midnight. Coffee, Tea, Espresso and Cappucino with after dinner drinks available.

# The Beverage Manager Recommends:

White	: Chardonnay Jordan, Alexander\$43.00
	Medium bodied, dry & pleasant
Red	: Cabernet Sauvignon Sterling, Napa\$29.00
	Classic style intense fruit flavours

## **APPETIZERS**

CHILLED JUICES - Orange, cranberry or V-8.

PEARLS OF THE OCEAN - Sevruga caviar with the classical trimmings of chopped egg white, egg yolk, parsley and onions, served with toast points.

TRIO SMOKED FISH - Smoked fillet of trout, eel and salmon served on lettuce with horseradish, capers and red onion rings.

PATE DE FOIE GRAS - The famous goose liver pate from Strassbourg, France, served with a fresh brioche.

PROSCIUTTO WITH MELON -This imported ham is thinly sliced and dressed over a wedge of honeydew melon and garnished with kiwi fruit.

FRESH FRUIT CUP - Sections of fresh fruit with a dash of Grand Marnier or plain. CRUDITES - Fresh crisp garden vegetables with a paprika dip.

## HOT APPETIZER

ESCARGOTS BOURGUIGNONNE - Six snails baked in a cocotte with a garlic herb butter, served with French bread.

## PASTA APPETIZER

PESTO RAVIOLI - Pasta filled with a chopped basil pinenut mixture and presented with a sauce of sunripened tomatoes.

## SOUPS

FRENCH ONION SOUP - Ovenbaked with a crouton and Parmesan cheese. VELOUTE AGNES SOREL - Perfect blend of chicken broth, cream, white asparagus and diced chicken.

CHILLED BLUEBERRY SOUP - A perfect mixture of fresh blueberries and heavy cream.

#### SALADS

SALAD OF THE DAY:

CAESAR SALAD - Torn romaine lettuce tossed with grated Parmesan cheese, our special garlic anchovy dressing and croutons.

ICEBERG LETTUCE - A wedge of iceberg with slices of tomato and cucumber.

TOSSED GREENS - With pinto beans, sliced avocado and cherry tomatoes.

CHOICE OF DRESSINGS: Italian, Blue Cheese, Thousand Island or Champagne. LOW CALORIE DRESSINGS: Italian, Ranch, Creamy Dijon or Parmesan Garlic.

## **ENTREES**

On request, most dishes are available without sauce.

LOBSTERTAIL - This delicacy of the ocean is served with garlic butter and accompanied by sugar snap peas and saffron rice.

FRESH KING CLIP - A broiled fillet of king clip on a bed of spinach, topped with a lime and capers sauce and served with Macaire potatoes.

BROILED TENDERLOIN STEAK HELDER - Broiled tenderloin of beef, served with a half tomato cup with Bearnaise sauce, accompanied by green asparagus and a baked Idaho potato.

OVENROASTED RACK OF LAMB - With rosemary roasted U.S. rack of lamb, served with fennel, baby carrots and gratin potatoes.

GRILLED POUSSIN TROPICAL - With fresh herbs grilled poussin, topped with diced mango, pineapple, papaya and shaved almonds, accompanied by broccoli and ovenroasted potatoes.

A BAKED IDAHO POTATO - With sour cream, chives and fresh bacon bits will

be served upon request with any entree.

# FROM THE PORTUGUESE CUISINE

FRICASSEE OF CHICKEN AND SHRIMPS - Sauteed strips of chicken and shrimps with a saffran sauce, served with spinach linguini.

# A LIGHT AND HEALTHY ENTREE

Prepared in accordance with The American Heart Association, low in cholesterol and sodium. Diet margarine available upon request.

BROILED RED SNAPPER - Fillet of red snapper presented with a tomato herb bouillon. (Approximately 245 calories).

### **VEGETARIAN DISH**

FRESH MOZZARELLA CHEESE - Baked with eggplant and Roma tomato, served with vinaigrette.

## **IMPORTED CHEESES AND FRUITS**

Brie, Kernhem, Leiden, Cheddar, Pepper or Gorgonzola cheese. Dutch rusk, crackers, pumpernickel, melba toast and French bread. Selection of fresh fruit, calimyrna figs, dates or stemginger in syrup.

## **DESSERTS**

COUPE DAME BLANCHE - Vanilla ice cream with warm chocolate sauce and shaved almonds.

PARFAIT TIA MARIA - The perfect blend of eggs and heavy cream, brought to taste with Tia Maria liqueur.

FRESH STRAWBERRIES - Served with vanilla ice cream or whipped cream. WHITE AND DARK TRUFFLE CAKE - A cake with a layer of white and dark chocolate truffel, topped with a cream frosting.

LEMON MERINGUE PIE - Served a la mode if you wish.

RASPBERRY SWAN - Swan of pastry dough filled with raspberry sherbet. THE PASTRY TRAY - An assortment of freshly baked French pastries.

# ICE CREAMS OF THE DAY

VANILLA, BUTTER PECAN OR COFFEE ICE CREAM.

#### THE LOW CALORIE SECTION

TRIPLEBERRY YOGURT PARFAIT - (Approximately 70 calories).

CHERRY FRUIT JELLO.

CHOCOLATE YOGURT ICE CREAM.

CRANBERRY SHERBET.

FRESH FRUIT PLATTER.

### SUGAR FREE DESSERT

FRESH FRUIT GRATINATED WITH A VANILLA SABAYON.

### **BEVERAGES**

Freshly brewed coffee, decaffeinated coffee, tea or milk. Please ask your dining room steward for our selection of herbal teas from the wooden tea chest.