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Holland America Line

m.s. Noordam

Captain Cees Spekman, Commander Pieter A. van Jaarsveld, Hotel Manager

Alaska Cruise

Juneau - Sunday, September 19, 1993



For Your After Dinner Pleasure

"The Palm Court" Explorers Lounge 8:00 p.m. - 11:30 p.m. Coffee, Tea, Espresso and Cappuccino with after dinner drinks available.

The Beverage Manager Recommends:

White: Macon Villages, France Barton & Guestier \$26.00

1989 Rich and soft with a fruit aroma

Red: Moulin A Vent, Georges du Boeuf, France....... \$32.00

1990 Very fresh, Light body, pleasant

APPETIZERS

NEW ZEALAND GREEN LIP MUSSELS - Cooked green lip mussels on the half shell topped with a bell pepper vinaigrette, presented with Belgian endive, chopped tomatoes and white toast.

SMOKED CHICKEN - Lightly smoked, served with peaches, fresh berries and chutney.

CRAB COCKTAIL ON AN ARTICHOKE BOTTOM - Two artichokes bottoms with Dungeness crab meat, topped with fresh herb dressing.

FRESH FRUIT CUP - Sections of fresh fruit with a dash of peach brandy.

CRUDITE - Garden fresh vegetables with a yogurt dip.

HOT APPETIZERS

TEMPURA PRAWNS - Deep fried tempura battered prawns served with a sweet and sour sauce.

LASAGNA DI ROMA - Layers of pasta and ground beef, topped with a tomato sauce, Parmesan cheese and gratinated.

SOUPS

CONSOMME ROYAL - A light chicken consomme garnished with sliced eggs and chopped parsley.

TOMATO BASIL SOUP - Fresh sun ripened tomatoes with cream and sweet basil.

SALADS

SALAD OF THE DAY:

GREEK SALAD - Assorted greens, cucumber, tomatoes, green peppers, Greek olives, sliced onions and Feta cheese with fresh oregano, lemon and a vinaigrette dressing. FROM THE GARDEN:

"AAA" SALAD SUPREME - Mixed soft lettuces, radicchio and bell peppers in a tarragon dressing.

ICEBERG LETTUCE - A wedge of iceberg lettuce with a sliced tomato and cucumber. CHOICE OF DRESSINGS: Italian, Thousand island, Blue cheese, Ranch or Sweet and Sour.

LOW CALORIE DRESSINGS: Italian, no oil vinaigrette, Blue cheese or Thousand island.

ENTREES

BAKED FRESH COPPER RIVER SALMON - Basted with lemon, butter and served with braised leeks, carrots and a baked Idaho potato.

ALASKAN KING CRAB LEGS - Steamed and served with assorted vegetables and red skin potatoes.

"WASHINGTON" BOURBONSTEAK - Agrilled Sirloin steak with Bourbon sauce served with peas, sliced carrots and a baked Idaho potato.

HICKORY ROASTED CHICKEN - A Hickory smoked half chicken, roasted and accompanied by fennel, corn and potatoes au gratin.

FROM THE INTERNATIONAL CUISINE

VEAL MARSALA - Medallions of veal on a mirror of Marsala wine sauce with spinach souffle and fettuccine.

ABAKED IDAHO POTATO - With sour cream, chives and fresh bacon bits is served upon request with any entree.

A LIGHT AND HEALTHY ENTREE

Prepared in accordance with The American Heart Association, low in cholesterol and sodium. Diet margarine available.

CHICKEN WALDORF - A skinless breast of chicken lightly sauteed in safflower oil and served with glazed celery, apples, raisins and rice. (Approximately 215 calories).

VEGETARIAN DISH

VEGETABLE MOUSSAKA - Layers of eggplant, chopped tomatoes, onions, peppers and thyme topped with a tomato sauce and served with a Greek salad.

IMPORTED CHEESE AND FRUIT

Bel paese, smoked Cheddar, Kernhem, Brie, Gorgonzola, Camembert and low calorie Munster cheese.

Saltines, rye crackers, pumpernickel, Melba toast or French bread.

Selection of fresh fruit, calimyrna figs, dates or stemginger in syrup.

DESSERTS

PARFAIT TIA MARIA - The perfect combination of coffee, cream and crushed almonds with a touch of Tia Maria.

CHOCOLATE MOUSSE MENDENHALL GLACIER - A delicious white chocolate mousse garnished with fresh kiwi.

STRAWBERRY AMARETTO CAKE - A layer of almond sponge cake soaked in Amaretto, with almond pastry cream and fresh strawberries, iced with whipped cream and toasted almonds.

KENTUCKY PECAN PIE - Bittersweet chocolate chips with toasted Georgian pecan nuts, all in a tender crust, served with a dollop of whipped cream.

"UTAH JAZZ" CHEESE CAKE - With blueberry sauce, or plain.

THE PASTRY TRAY - An assortment of freshly baked French pastries.

ICE CREAMS OF THE DAY

VANILLA, MACADAMIA NUT OR WASHINGTON APPLE.

LOW CALORIE SELECTION

BLUEBERRY PEACH CRUMBLE - (Approximately135 calories).

FROZEN CHOCOLATE YOGURT

FRUIT JELLO OR LEMON SHERBET - (Approximately 60 calories).

FRESH FRUIT PLATE.

SUGAR FREE DESSERTS

CHOCOLATE PUDDING WITH VANILLA SAUCE. FRUIT CAKE.

BEVERAGES

Freshly brewed coffee, decaffeinated coffee, tea or milk. Please ask your diningroom steward for our selection of herbal teas from the wooden chest.