



Saturday, March 15, 2003, Crystal Symphony World Cruise 2003: Wonders of the Southern Seas World Voyage III: "Romance of the South Pacific"

At Sea, en route to Auckland, New Zealand

Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

CHEF'S SUGGESTIONS

Chef Jürgen Klocker has selected these dishes for this evening:

Crabmeat Enchiladas with Corn and Tomato Salsa

Chicken Consommé with Meat Balls

Broiled Fresh Orange Roughy

on Sautéed Spinach, Served with Parsley Potatoes and Spring Vegetable Beurre Blanc

Sour Cherry Bread and Butter Pudding

with Vanilla Sauce and Rum Raisin Ice Cream

ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these special selections:

Asparagus, Broccoli, and Cauliflower Terrine with Herb Vinaigrette

Broiled Fresh Orange Roughy

with Steamed Vegetables, White Rice, and Tomato Lemon Confit

Freshly Frozen, Nonfat Vanilla Yogurt

VEGETARIAN SELECTIONS

Iced Pineapple, Strawberry, Mango, and Banana Cup

Vegetable Consommé with Pasta

Celery Root Piccata

With Chunky Tomato Sauce, Vegetable Wedges, and Spaghetti

Spanish Vanilla Cake with Chocolate Ice Cream

HEAD SOMMELIER'S SUGGESTIONS

WHITE WINE

By the Bottle: Chalk Hill Chardonnay, Sonoma County 1998 - \$52.00

By the Glass: Mulderbosch Sauvignon Blanc, Stellenbosch,

South Africa 2001 - \$7.00

RED WINE

By the Bottle: Brunello di Montalcino Castello Banfi, Tuscany 1997 - \$75.00

By the Glass: Frog's Leap Zinfandel, Napa Valley 1997 - \$8.00

CRYSTAL CONNOISSEUR COLLECTION BY THE BOTTLE

White: Meursault Pierre Matrot, Burgundy - \$58.00

Red: Château Ducru Beaucaillou, Saint Julien 1994 - \$95.00

For our more extensive selection, please ask your Sommelier.



APPETIZERS

Seafood Rendezvous - Crab Claws, Baby Shrimps,
Jumbo Prawns, and Mussels with Three Sauces
Asparagus, Broccoli, and Cauliflower Terrine with Herb Vinaigrette
Iced Pineapple, Strawberry, Papaya, Banana Cup

SOUP AND SALAD

Roasted Bell Pepper Soup with Parmesan Croutons Chilled Apple and Cranberry Soup

Low-sodium soups are available upon request

Crunchy Iceberg Lettuce, Served with Chopped Plum Tomatoes, Red Onion Ring, and Lemon Basil Vinaigrette

Assorted Summer Salad with Feta Cheese, Garbanzo Beans, and Spring Onions

Traditional favorite dressings available, plus today's specials:

Fat-Free Yogurt Chive or Low Calorie Herb Ranch Dressing

PASTA SPECIAL

Fettucine with Garlic, Oven-Dried Tomatoes, and Herbed Goat Cheese

SALAD ENTRÉE

Marinated Steak Salad – Thinly Sliced Grilled Sirloin on a Bed of Curly Endive, Red Leaf, and Romaine, with Sliced Mozzarella Cheese and Grilled Shiitake Mushrooms, Tossed in Balsamic Vinaigrette

MAIN FARES

Roasted Chicken Breast

Stuffed with Sun-Dried Tomatoes, Spinach, and Ricotta Cheese, Served with Parsley Flavored Cauliflower, Risotto, and Herb Gravy

Sautéed Sea Scallops

On Vegetable Ravioli, Accompanied by Saffron Tomato Sauce and Broccoli Roses

Grilled Australian Lamb Chops

With Forest Mushrooms, Served with Sautéed Green Beans, White Bean Mashed Potatoes, Baked Tomato Wedges, and Thyme

Upon your request, these Traditional Main Fares are also available:

Grilled Sirloin Steak with Sauce Béarnaise,

Served with Cauliflower Roses, Green Beans, and Baked Potato

Broiled Halibut Fillet served with Mashed Potatoes, Steamed Vegetables, and Beurre Blanc

SIDE ORDERS

Broccoli Roses Steamed Vegetables Sautéed Forest Mushrooms

Steamed Rice Sautéed Green Beans Mashed Potatoes

Fettucine with Tomato Sauce Vegetable Ravioli

Upon request, dishes are available without sauce.

Vegetables are also available steamed, without butter or salt.