



Friday, March 7, 2003, Crystal Symphony

World Cruise 2003: Wonders of the Southern Seas World Voyage III: "Discovery of the Americas"

At Sea, en route to Papeete, Tahiti

Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

## CHEF'S SUGGESTIONS

Chef Jürgen Klocker has selected these dishes for this evening:

Chilled Crab Meat with Greens and Avocado Wedge,

Sprinkled with Cilantro Lemon Vinaigrette

Bergen's Fiske Soup

Chef Jürgen's Childhood Favorite Wiener Schnitzel

Breaded Veal Cutlet, Deep-Fried in Clarified Butter,

Served with Traditional Garnish, Garden Green Peas, Carrots, and Parsley

Sacher Chocolate Cake with Whipped Cream

# ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these special selections:

Fresh Pineapple, Passion Fruit, and Banana Cup

Grilled Fresh Dourade Fillet

On Grilled Asparagus, Boiled Potatoes, and Broiled Plum Tomatoes, Topped with Lemon Wedges

Nonfat Cherry Vanilla Frozen Yogurt

# VEGETARIAN SELECTIONS

Roasted Eggplant Terrine with Marinated Young Garden Greens

Chilled Sweet Corn Soup with Cilantro

Vegetable Lasagne

Served on Chunky Tomato-Basil Sauce

Frozen Pumpkin Mousse Cake with Caramel Sauce

# HEAD SOMMELIER'S SUGGESTIONS

WHITE WINE

By the Bottle: Chalkhill Chardonnay, Sonoma County 1998 - \$52.00

By the Glass: Acacia Chardonnay, Carneros 2000 - \$8.00

RED WINE

By the Bottle: Chimney Rock Cabernet Sauvignon, Napa Valley 1999 - \$52.00

By the Glass: Robert Mondavi Merlot, Napa Valley 1998 - \$8.00

CRYSTAL CONNOISSEUR COLLECTION BY THE BOTTLE

White: Bâtard Montrachet, Domaine Leflaive 1998 - \$285.00

Red: Sassicaia, Tenuta San Guido, Tuscany 1996 - \$140.00

For our more extensive selection, please ask your Sommelier.



#### APPETIZERS

Salad of Roasted Chicken Breast, Zucchini, Mushroom, and Black Olives, Tossed with Balsamic Vinaigrette

Roasted Eggplant Terrine with Marinated Young Garden Greens

Fresh Pineapple, Passion Fruit, and Banana Cup with Kahlua

#### SOUP AND SALAD

Beef Consommé with Cheese Ravioli

Chilled Sweet Corn Soup with Chili Crab Salsa

Low-sodium soups are available upon request

Heart of Romaine Lettuce with Warm Bacon Dressing and Herb Toasties

Marinated Assorted Bean Salad on Boston Leaves

Traditional favorite dressings available, plus today's specials:

Fat-Free Caesar Dressing or Low-Calorie Lemon Basil Vinaigrette

#### PASTA SPECIAL

## Pappardelle al Pesto

With Olive Oil, Basil, Pine Nuts, Garlic, and Parmesan Cheese

## SALAD ENTRÉE

#### Ensalada Camaróne

Grilled Marinated Shrimp on Eggplant, Bell Pepper, and Tomato Salad, Topped with Crisp Tortilla Julienne and Palm Hearts

# MAIN FARES

#### Grilled Fresh Dourade Fillet

Accompanied by Tomato Lobster Vinaigrette, Pine Nut Risotto, and Sautéed Greens

## Grilled Jumbo Prawns

Served on Angel Hair Pasta with Green Asparagus, Light Creamy Herb Sauce, And Tomato Confit

## Grilled Black Angus Sirloin Steak

Served with Mustard Hollandaise, Sautéed Mushrooms, Deep-Fried Cauliflower, and Baked Potato with Sour Cream and Bacon

Upon your request, these Traditional Main Fares are also available:

# Grilled Black Angus Filet Steak

Served with Sautéed Mushrooms, Green Asparagus, Baked Potato, and Hollandaise Sauce

or

## Plain Grilled Chicken Breast

On Mashed Potatoes, Served with Steamed Vegetables, and Natural Gravy

#### SIDE ORDERS

Green Peas Steamed Vegetables Deep Fried Cauliflower Pine Nut Risotto Steamed Rice Mashed Potatoes Pappardelle with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.





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Executive Pastry Chef Harald Neufang

# SWEET FINALE

Chef's Suggestion:
Sacher Chocolate Cake with Whipped Cream
Frozen Pumpkin Mousse Cake with Caramel Sauce
Macaroon Tart with Fresh Fruit Mango Vanilla Sauce
Sugar-Free Chocolate Custard
Sugar-Free Sour Cherry Cream Cheese Strudel
Homemade Cookies
Assortment of Fruit in Season

On the Lighter Side: Nonfat Cherry Vanilla Frozen Yogurt

# ICE CREAM, FROZEN YOGURT, SHERBET

Vanilla, Rocky Road, Cinnamon, or Strawberry Cheesecake Ice Cream with your choice of Raspberry, Mango, or Butterscotch Topping
Freshly Frozen, Nonfat Cherry Vanilla or German Chocolate Yogurt
Refreshing Lychee Nut Sherbet

SELECTIONS FROM
THE CHEESE TROLLEY

Edam Roquefort Brie Tomme de Savoie Bresse Blue Served with Crackers and Biscuits

### BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee Café Latte Cappuccino Espresso Selection of International Teas

# HEAD SOMMELIER'S SUGGESTIONS

DESSERT WINES

By the Bottle: Kracher "Grand Cuvée"

Nr. 12 Trockenbeerenauslese, Austria (375ml.) 1995 - \$88.00 By the Glass: Kracher Cuvée Eiswein, Austria 1999 - \$8.00