Tuesday, March 4, 2003, Crystal Symphony
World Cruise 2003: Wonders of the Southern Seas
World Voyage III: "Romance of the South Pacific"
At Sea, en route to Pitcairn Island, U.K.
Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

CHEF'S SUGGESTIONS
Chef Jürgen Klocker has selected these dishes for this evening:
Chilled Seafood Cocktail with Fruits and Sauce Calypso
Light Creamy Red Onion Soup with Ginger
Baked Fresh Mahi Mahi Fillet in Parmesan Herb Crust, Served with Lemon Beurre Blanc, Sauteed Vegetables, and Parsley Potatoes

White Chocolate Truffle Cake with Strawberry Sauce

ON THE LIGHTER SIDE<br>Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these special selections:<br>Chopped Garden Greens with Celery, Bell Peppers, Tomatoes, and Cucumbers<br>Sliced Roast Beef<br>With Steamed Rice, Garden Vegetables, and Natural Gravy<br>Freshly Frozen Butter Pecan Yogurt

VEGETARIAN SELECTIONS
Assorted Fresh Fruit Cup Flavored with Lemon Bacardi
Vegetable Consommé with Cheese Profiteroles
Grilled Eggplant Zucchini Tower with Mozzarella Cheese
Served with Tomato Sauce, Boiled Potatoes, and Broccoli Roses
Chocolate Brownie Ice Parfait with Brandy Cherries

HEAD SOMMELIER, S SUGGESTIONS
WHITE WINE
By the Bottle: Matanzas Creek Winery Chardonnay, Sonoma County 1998 - $\$ 42.00$
By the Glass: Acacia Chardonnay, Carneros 2000 - $\$ 8.00$

## RED WINE

By the Bottle: Schafer Winery Merlot, Napa Valley 1999 - $\$ 48.00$
By the Glass: Brunello di Montalcino D'Aquino, Tuscany 1995 - $\$ 10.00$

## CRYSTAL CONNOISSEUR COLLECTION BY THE BOTTLE

White: Far Niente Winery Chardonnay, Napa Valley 2000 - $\$ 70.00$
Red: Beringer "Private Reserve" Cabernet Sauvignon, Napa Valley 1996 - $\$ 115.00$
For our more extensive selection, please ask your Sommelier.


Breaded Chilean Salmon Fillet with Avocado Fan and Caviar Sour Cream Sweetbread Roses on Crunchy Garden Greens with Sherry-Walnut Vinaigrette Assorted Fresh Fruit Cup Flavored with Lemon Bacardi

SOUP AND SALAD
Consommé Double with Cheese Profiteroles
Chilled Yogurt Peanut Butter Soup
Low-sodium soups are available upon request
Spring Lettuce with Lollo Rosso, Red Oak Leaf, and Marinated Palm Hearts
Romaine Lettuce tossed in Creamy Garlic Dressing with Croutons
Traditional favorite dressings available, plus today's specials:
Fat-Free Red Wine or Low Calorie Raspberry Vinaigrette

PASTA SPECIAL
Angel Hair
Italian Pasta with Tomato Sauce, Red and Green Bell Pepper Julienne, Anchovies, Capers, Parsley, Garlic, and Olives

Salad Entrée
Roasted Marinated Chicken Breast Salad
Sliced Chicken Breast on a Bed of Crisp Greens, Tomatoes, Asparagus, Celery, Mango Bits, Boiled Egg, and Creamy Vinaigrette

MAIN FARES
Traditional Roast Beef
With Burgundy Red Wine Sauce or Hollandaise Sauce,
Served with Yorkshire Pudding, Sautéed Green Beans, and Grilled Tomatoes
Herb Flavored Roasted Baby Veal Shank
Served with Shallot Mashed Potatoes, Roasted Fennel,
Turnips, and Natural Gravy
Seafood Risotto
Italian Rice Dish with Tomato, Herbs, Lobster, Scallops, Prawns and Fresh Fish, Garnished with Asparagus Tips and Parmesan Shavings
Upon your request, these Traditional Main Fares are also available:
Grilled Filet Steak
With Shallot Mashed Potatoes, Served with Sautéed Spinach and Pepper Hollandaise or
Grilled Salmon Steak
Served with Chive Potatoes, Sautéed Vegetables, and Chervil Beurre Blanc
SIDE ORDERS
Green Beans Grilled Tomatoes Garden Vegetables Broccoli Roses
Risotto Parsley Potatoes Steamed Rice
Spaghetti with Tomato Sauce
Upon request, dishes are available without sauce.
Vegetables are also available steamed, without butter or salt.

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SWEET FINALE<br>Chef's Suggestion:<br>White Chocolate Truffle Cake with Strawberry Sauce<br>Rum Scented Almond Tart with Rum Raisin Ice Cream<br>Chocolate Brownie Ice Parfait with Brandy Cherries<br>Sugar-Free Coconut Custard<br>Sugar-Free Apricot Jalousie with Diet Ice Cream<br>Homemade Cookies<br>Assortment of Fruit in Season<br>On the Lighter Side:<br>Freshly Frozen, Nonfat Butter Pecan Yogurt

Ice Cream, Frozen Yogurt, Sherbet
Vanilla, Butter Pecan, Macadamia Nut, or Double Fudge Ice Cream with your choice of Raspberry, Mango, or Butterscotch Topping
Freshly Frozen, Nonfat Butter Pecan or Raspberry Yogurt
Refreshing Figs Cassis Sherbet
SELECTIONS FROM THE CHEESETROLLEY
Jarlsberg Camembert Saint Pauline
Fromages d' Chèvre Gorgonzola
Served with Crackers and Biscuits
BEVERAGES
Freshly Brewed Coffee Decaffeinated Coffee
Café Latte Cappuccino Espresso
Selection of International Teas

HEAD SOMMELIER'S SUGGESTIONS
Dessert Wines
By the Bottle: Château Rieussec, Sauternes, France 1990 - $\$ 95.00$
By the Glass: Kracher "Cuvée Crystal Cruises,"
Trockenbeerenauslese, Austria 1998 - $\$ 12.00$

