



Tuesday, February 18, 2003, Crystal Symphony World Cruise 2003: Wonders of the Southern Seas World Voyage II: "The Last Frontier & Beyond" At Sea, en route to Punta Arenas, Chile

Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

CHEF'S SUGGESTIONS

Chef Jürgen Klocker has selected these dishes for this evening:

Crisp Fried Shrimp Roll with Hot Mustard Plum Sauce

Cream of Minestrone with Parmesan Cheese

Sautéed Crab Cakes along with Mango Pineapple Salsa, Served with Oven-Roasted Vegetables and New Potatoes

White Chocolate Truffle Cake with Strawberry Sauce

ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these special selections:

Chilled Fruit Cup with Lychee Nuts

Roasted Turkey Breast

With Steamed Garden Vegetables, Carrots, Rice and Natural Gravy

Assorted Fresh Fruit

VEGETARIAN SELECTIONS

Vegetable Terrine with Crisp Greens and Tarragon Vinaigrette

Vegetable Broth with Chive Quenelles

Baked Eggplant Rolls

Stuffed with Ratatouille, Gratinated with Goat Cheese, and Served with a Twist of Angel Hair Pasta and Red Pepper Sauce

Chocolate Brownie Ice Parfait with Brandy Cherries

HEAD SOMMELIER'S SUGGESTIONS

WHITE WINE

By the Bottle: Matanzas Creek Winery Chardonnay, Sonoma Valley 1998 - \$42.00

By the Glass: Groth Winery Sauvignon Blanc, Napa Valley 2001 - \$7.00

RED WINE

By the Bottle: Matanzas Creek Winery Merlot, Sonoma County 1997 - \$70.00

By the Glass: Robert Mondavi Merlot, Napa Valley 1999 - \$8.00

CRYSTAL CONNOISSEUR COLLECTION BY THE BOTTLE

White: Corton Charlemagne, Grand Cru, Louis Latour 1994 - \$54.00

Red: Caymus Vineyards Cabernet Sauvignon, Special Selection, Napa Valley 1997 - \$185.00

For our more extensive selection, please ask your Sommelier.



APPETIZERS

Gravlax – Dill Marinated Norwegian Style Salmon, Served with Honey-Mustard Dill Sauce

Vegetable Terrine with Crisp Greens and Tarragon Vinaigrette Chilled Fruit Cup with Lychee Nuts and Tia Maria

SOUP AND SALAD

Chicken Broth with Chive Quenelles

Chilled Cream of Mandarines

Low-sodium soups are available upon request

Heart of Boston Lettuce with Marinated Cucumbers and Tomato Wedges

Commander's Salad

Romaine Lettuce with Croutons, Hard Boiled Eggs,

Crisp Bacon, and Parmesan Cheese, Tossed in Tangy Dressing

Traditional favorite dressings available, plus today's specials:

Fat-Free Lemon-Basil Dressing or Low Calorie Yogurt-Carrot-Cucumber Dressing

PASTA SPECIAL

Angel Hair Pasta Papalina

with Tomato Sauce, Cream, Peas, Mushroom, Ham, Onion, and Parsley

SALAD ENTRÉE

Tempura-Fried Rare Ahi Tuna

On a Bed of Crisp Greens, Pineapples, and Mangos, Sprinkled with Sesame Seeds, Tossed with Fat-Free Honey Dijon Mustard Vinaigrette

MAIN FARES

Broiled Striped Bass Fillet on Risotto,

Served with a Light Leek Beurre Blanc, Roasted Tomato, and Artichoke Chips

Roasted Herb Marinated Pork Tenderloin

Accompanied with Braised Carrots, Herb Spätzle, and Mustard Flavored Natural Gravy

Grilled Black Angus Sirloin Steak

Served with Sauce Béarnaise, Sautéed Mushrooms, Deep Fried Cauliflower, And Sautéed Potatoes and Onions

Upon your request, these Traditional Main Fares are also available:

Grilled Black Angus T-Bone Steak

Served with Baked Beans stuffed in a Potato, Gratinated with Cheddar Cheese, Along with Sauce Hollandaise or Garlic Herb Butter

or

Grilled Salmon Fillet

Served with Green Asparagus, Parsley Potatoes, and Beurre Blanc

SIDE ORDERS

Mashed Potatoes Summer Vegetables Braised Carrots
Herb Spätzle Steamed Rice Risotto Baked Beans
Spaghetti with Tomato-Basil Sauce

Upon request, dishes are available without sauce.

Vegetables are also available steamed, without butter or salt.





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SWEET FINALE

Chef's Suggestion:

White Chocolate Truffle Cake with Strawberry Sauce

Chocolate Brownie Ice Parfait with Brandy Cherries

Rum Scented Almond Tart with Rum Raisin Ice Cream

Sugar-Free Apricot Jalousie

Sugar- Free Coconut Custard

Tropical Fruit in Season

Homemade Cookies

On the Lighter Side: Assorted Fresh Fruit

ICE CREAM, FROZEN YOGURT, SHERBET

Vanilla, Strawberry Cheesecake, Espresso Chip, or Coconut Ice Cream With Your Choice of Assorted Toppings

Freshly Frozen Nonfat Orange or Vanilla Yogurt Refreshing Passion Fruit Sherbet

SELECTIONS FROM THE CHEESE TROLLEY

Port Salut Gorgonzola Camembert
Fromage de Chèvre Jarlsberg
Served with Crackers and Biscuits

BEVERAGES

Freshly Brewed Coffee Decaffeinated Coffee
Café Latte Cappuccino Espresso
Selection of International Teas

HEAD SOMMELIER'S SUGGESTIONS

DESSERT WINES

By the Bottle: Kracher "Grand Cuvée"

Nr. 12 Trockenbeerenauslese (375ml.) 1995 - \$88.00

By the Glass: Kracher Cuvée Crystal Cruises, Trockenbeerenauslese, Austria 1998 - \$12.00