

inner

Sunday, February 16, 2003, Crystal Symphony World Cruise 2003: Wonders of the Southern Seas World Voyage II: "The Last Frontier & Beyond" At Sea, en route to the Ushuaia, Argentina Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

CHEF'S SUGGESTIONS

Chef Jürgen Klocker has selected these dishes for this evening: Grilled Jumbo Prawns on Spring Greens, Garnished with Melon, Pineapple, Papaya, and Citrus Herb Dressing

Roasted Vegetable Soup with Sunflower Seeds

Macadamia Nut, Wasabi Crusted, Pink Roasted Lamb Loin Served with Balsamic Flavored Red Wine Sauce, Stir-Fried Vegetables and Roasted Potatoes

Hawaiian Chocolate Macadamia Nut Tart with Espresso Ice Cream

ON THE LIGHTER SIDE

Crystal Cruises responds to today's trend toward dishes lighter in cholesterol, fat, and sodium by offering these special selections:

Duck Consommé flavored with Star Anis and Romaine Chiffonade

Grilled Red Snapper Fillet

With Sautéed Vegetables and Artichoke Hearts Nonfat Banana Yogurt

VEGETARIAN SELECTIONS

Pressed Tomato and Basil Terrine with Marinated Herb Salad Roasted Vegetable Soup with Sunflower Seeds Vegetable Crêpes Stuffed Pancakes with Spring Vegetables and Light Tarragon Sauce, Gratinated with Monterey Jack Cheese

Pistachio Ice Cream on Meringue with Fudge Sauce

HEAD SOMMELIER'S SUGGESTIONS

WHITE WINE

By the Bottle: Matanzas Creek Winery Chardonnay, Sonoma Valley 1998 – \$42.00 By the Glass: Groth Winery Sauvignon Blanc, Napa Valley 2001 – \$7.00 RED WINE

By the Bottle: Matanzas Creek Winery Merlot, Sonoma County 1997 – \$70.00 By the Glass: Eberle Syrah, Paso Robles 2000 – \$6.50

CRYSTAL CONNOISSEUR COLLECTION BY THE BOTTLE White: Corton Charlemagne, Grand Cru, Louis Latour 1994 – \$54.00 Red: Caymus Vineyards Cabernet Sauvignon, Special Selection, Napa Valley 1997 – \$185.00 For our more extensive selection, please ask your Sommelier.



APPETIZERS

Crabmeat Enchiladas with Corn and Tomato Salsa Pressed Tomato and Basil Terrine on a Niçoise Salad Iced Fruit Cup with Hazelnut Liqueur

SOUP AND SALAD

Duck Consommé flavored with Star Anis and Romaine Chiffonade Watermelon Gazpacho with Tropical Fruit Salsa

Low-sodium soups are available upon request

Heart of Boston Lettuce with Marinated Zucchini and Daikon Root Tossed Mixed Greens in Blue Cheese Dressing, Topped with Fried Oysters Traditional favorite dressings available, plus today's specials:

Fat-Free Roasted Bell Pepper or Low Calorie Sesame-French Dressing

PASTA SPECIAL

Tagliatelle with Lobster, Lemon Oil, Basil, and Plum Tomatoes

SALAD ENTRÉE

Roasted Venison Tenderloin Salad

Tossed Garden Greens with Walnust Dressing, Garnished with Grilled Mushroom, Artichokes, Tomatoes, and Crisp Celery

MAIN FARES

Grilled Red Snapper Fillet

With Tomato Basil, Olive, and Noisette Butter Sauce, Accompanied by Sautéed Vegetables and Roasted Red Skin Potatoes

Crisp Lemon Herb Marinated Rotisserie Chicken Served with Natural Gravy, Cranberry Relish, Roasted Shallot, Mushroom Rice Pilaf, and Steamed Vegetables

Grilled Black Angus Rib Eye Steak

Accompanied by Fried Onion Rings, Cheese Galette, Sautéed Turnips, and Herb Jus

Upon your request, these Traditional Main Fares are also available:

Grilled Black Angus Filet Steak

Served with Cheese Galette, Sautéed Turnips, Fried Onion Rings, and Sauce Béarnaise

or

Plain Grilled Veal Scaloppine

With Mushroom Rice Pilaf, Roasted Shallots, Broccoli Roses, and Natural Gravy

SIDE ORDERS

Broccoli RosesSautéed VegetablesRoasted ShallotsFried Onion RingsCheese GaletteMushroom Rice PilafRed Skin PotatoesTagliatelle with Tomato Sauce

Upon request, dishes are available without sauce. Vegetables are also available steamed, without butter or salt.



Dessert

Sunday, February 16, 2003, Crystal Symphony World Cruise 2003: Wonders of the Southern Seas World Voyage II: "The Last Frontier & Beyond" At Sea, en route to the Ushuaia, Argentina

Maître d'Hôtel **Josef Widmar** Executive Chef **Jürgen Klocker** Executive Pastry Chef **Harald Neufang**

SWEET FINALE

Chef's Suggestion: Hawaiian Chocolate Macadamia Nut Tart with Espresso Ice Cream Bianco Mangier with Orange Verbena Sauce Pistachio Ice Cream on Meringue with Fudge Sauce Sugar Free Blueberry Pie Sugar Free Strawberry Mille Feuille Homemade Cookies Assortment of Fruit in Season On the Lighter Side: Nonfat Banana Yogurt

ICE CREAM, FROZEN YOGURT, SHERBET

Vanilla, Chocolate, Cookies 'n Cream, or Butter Almond Ice Cream with your choice of Raspberry, Mango, or Butterscotch Topping Freshly Frozen, Nonfat Strawberry or Banana Yogurt Refreshing Prune Calvados Sherbet

SELECTIONS FROM THE CHEESE TROLLEY

Fontina Roquefort Camembert Tête de Moine Saint Loupe Served with Crackers and Biscuits

BEVERAGES

Freshly Brewed CoffeeDecaffeinated CoffeeCafé LatteCappuccinoEspressoSelection of International Teas

HEAD SOMMELIER'S SUGGESTIONS

DESSERT WINES By the Bottle: Bonny Doon Muscat "Vin de Glacière," California 1999 – \$22.00 By the Glass: Kracher Cuvée Eiswein 1999 – \$8.00