Monday, February 10, 2003, Crystal Symphony
World Cruise 2003: Wonders of the Southern Seas
World Voyage II: "The Last Frontier \& Beyond"
At Sea, en route to Port Stanley, Falkland Islands
Maître d'Hôtel Josef Widmar Executive Chef Jürgen Klocker

Chef's SUGGESTIONS<br>Chef Jürgen Klocker has selected these dishes for this evening:<br>Fresh Oven-Baked Lobster Strudel on Crayfish Sauce<br>Green Split Pea Soup with Whole Wheat Croutons<br>Broiled Fresh Pacific Salmon Fillet<br>Lightly Pepper Crusted on Buttermilk Mashed Potatoes<br>Along with Sautéed Leek and Mushroom Stew, Carrot Balls, and Chive Butter Sauce<br>Citrus Souffle Cake<br>with Vanilla Sauce and Rum Raisin Ice Cream

ON THE LIGHTER SIDE
Crystal Cruises responds to today's trend toward dishes lighter in
cholesterol, fat, and sodium by offering these special selections:
Hawaiian Pineapple and Papaya Cup with Armagnac
Grilled Marinated Chicken Breast on Vegetable Sauce
Along with Roasted Tomatoes, Green Asparagus, and Celery Fettucine
Assorted Fresh Fruit

Vegetarian Selections
Chilled Tomato Soup with Goat Cheese Quenelles
Stuffed Mushrooms
Surrounded by Garden Vegetables, Glazed Shallots, and Red Pepper Coulis
Old Fashioned Pumpkin Pie à la Mode

Head Sommelier's SUGGESTIONS
White Wine
By the Bottle: Beringer Vineyard "Private Reserve," Chardonnay,
Napa Valley 1998 - $\$ 50.00$
By the Glass: Acacia Winery Chardonnay, Carneros 2000 - $\$ 8.00$
Red Wine
By the Bottle: Cuvaison Winery Cabernet Sauvignon, Napa Valley 1998 - $\$ 44.00$
By the Glass: Château Coufran, Haut Médoc 1997-\$7.50
Crystal Connoisseur Collection by the Bottle
White: Bâtard Montrachet, Oliver Leflaive 1998 - $\$ 285.00$
Red: Brunello di Montalcino "Le Coste" Tuscany 1995 - $\$ 56.00$
For our more extensive selection, please ask your Sommelier.


A PPETIZERS
Seafood Rendevous - Scallops, Baby Shrimps, Black Mussels, and Crab Meat with Three Sauces

Salad of Roasted Chicken Breast, Grilled Zucchini, and Black Olives, Tossed with Balsamic Vinaigrette
Hawaiian Pineapple and Papaya Cup with Armagnac

SOUP AND SALAD
Chicken Broth with Vegetable Balls and Truffles
Chilled Tomato Soup with Goat Cheese Quenelles
Low-sodium soups are available upon request
Panache of Garden Greens with Fried Onion Rings, Tomato Wedges, and Thousand Island Dressing
Las Vegas Style Red and Green Caesar Salad
with Crisp Baguette Chips and Parmesan Shavings
Traditional favorite dressings available, plus today's specials:
Fat-Free Lemon Basil Dressing or
Low Calorie Yogurt Carrot Cucumber Dressing

## PASTASPECIAL

Tagliatelle with Grilled Prawns, Peppers, Zucchini, and Lemon Grass Sauce

SALAD ENTREE
Fantasia Salad
With Cheese Balls and Filet Mignon on
Spring Garden Greens with Mango Passion Fruit Dressing

## MAIN FARES

Sautéed Veal Medallions
With Porcini Mushroom Gravy, Egg Noodles, Roasted Tomatoes, and Green Asparagus

Honey and Dark Beer Glazed Chicken Breast
With Cafe de Paris Sauce, Served with Jasmine Rice and Garden Vegetables
Grilled New York Cut Sirloin Steak
Accompanied by Smashed Potatoes with Sour Cream and Bacon, Red Beets with Horseradish, and Natural Jus

Upon your request, these Traditional Main Fares are also available: Grilled Black Angus Filet Steak Served with Young Vegetables, Baked Potatoes with Sour Cream, Served with Sauce Béarnaise or

Grilled Turkey Scallopine with Buttermilk Mashed Potatoes, Sautéed Leek Mushroom Stew, Carrot Balls, and Natural Gravy

SIDE ORDERS
Carrot Balls Red Beets with Horseradish Sautéed Spinach
Egg Noodles Mashed Potatoes Steamed Rice
Tagliatelle with Tomato-Basil Sauce
Upon request, dishes are available without sauce.
Vegetables are also available steamed, without butter or salt.

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SWEET FINALE<br>Chef's Suggestion:<br>Citrus Souffle Cake with Vanilla Sauce and Rum Raisin Ice Cream<br>Old Fashioned Pumpkin Pie à la Mode<br>Cinnamon Ice Parfait with Sour Cherries<br>Sugar-Free Mango Chocolate Tart<br>Sugar-Free Rhubarb Mousse with Fresh Strawberries<br>Tropical Fruit in Season<br>Homemade Cookies<br>On the Lighter Side: Assorted Fresh Fruit

ICE CREAM, FROZENYOGURT, SHERBET
Vanilla, Strawberry Cheesecake, Rum Raisin, or Coconut Ice Cream
With Your Choice of Assorted Toppings
Freshly Frozen Nonfat Vanilla or Orange Yogurt
Refreshing Grapefruit Campari Sherbet

SELECTIONS FROM THE CHEESETROLLEY
Port Salut Stilton Brie Saint Loup Pont l'Évêque
Served with Crackers and Biscuits

BEVERAGES
Freshly Brewed Coffee Decaffeinated Coffee
Café Latte Cappuccino Espresso
Selection of International Teas

Head Sommelier's Suggestions
DESSERT WINES
By the Bottle: Kracher "Grand Cuvée" Nr. 12,
Trockenbeerenauslese ( 375 ml .) 1995 - $\$ 88.00$
By the Glass: Kracher Cuvée Eiswein, Austria 1999 - $\$ 8.00$

