## Day at a Glance

	Day at a charioc
7:00 am -12:00 nn	Our Fitness Instructor is available Ocean Spa
7:45 am	♥ Walk-a-Mile with our Fitness Instructor Lower Promenade Deck
8:30 am	♥Low Impact Aerobics with our Fitness Instructor Ocean Spa
8:30 am - 7:00 pm	Sports equipment is available Open Decks
9:00 am - 3:00 pm	Ray's Daily Quiz is availableReading Room
9:00 am - 5:00 pm	The Reading Room is open with playing cards, indoor games and books. Playing cards are also available 24 hours at the Front Office.
9:15 am	♥Mixed Quoits
9:30 am	Foot and Ankle Massage Ocean Spa
10:00 am	Bridge Lecture with Eileen Neisen
10:00 am	Anti-aging Clinic Ocean Spa
10:00 am	Hostess Coffee Chat. Today's guest entertainer, Brad Cummings Explorers Lounge.
10:30 am	Kitchen Tour
10:30 am	The Joke Corner Piano Bar
10:30 am -11:00 am	Lemonade is served Open Decks
10:30 am	"Reef Encounter," Lecture by Dirk YounkermanVan Gogh Lounge
10:45 am	Bad Hair Day Demonstration Ocean Spa
11:00 am	♥ Men's Ping Pong Tournament
11:30 pm	♥ Sit and Be Fit
11:30 am	Everyday Elegance Part II with Hostess Annika Explorers Lounge
11:30 am -12:30 pm	
11:30 am	SNOWBALL BINGO with Todd. Jackpot stands at over \$1,000.00
12:00 nn	The ship's whistle will be tested.
1:00 pm	The Voice from the Bridge with the latest weather information.
2:00 pm	Bridge Players Get-Together
2:00 pm	Port Talk on Nawiliwili with Gary Goo Van Gogh Lounge
2:00 pm - 4:00 pm	Blackjack Tournament
2:00 pm	Healthy Eating Seminar Ocean Bar
2:15 pm	♥ Ladies Ping Pong Tournament
2:45 pm	Cruise Crafts with Cruise Staff Robin Lido Restaurant, port side
2:45 pm	Wine Tasting Seminar
2:45 pm	Scattergories with the Cruise Staff Ocean Bar
3:00 pm	♥ Hips, Thighs & Abs
3:30 pm	♥ Stretch and Relax (1st sitting guests)
3:30 pm - 4:00 pm	Iced Tea is served
3:30 pm - 4:00 pm	Afternoon Tea is served with music Explorers Lounge
4:00 pm	HORSE RACING Van Gogh Lounge
4:00 pm	♥ Walk-a-Mile with our Fitness Instructor Lower Promenade Deck
4:30 pm	SNOWBALL BINGO with Todd Van Gogh Lounge
4:30 pm	♥ Stretch and Relax (2nd sitting guests)
4:30 pm	Friends of Bill W meeting
7:00 pm -12:00 mn	Art ViewingHudson Room
8:00 pm	SHOWTIME for First Sitting Guests Van Gogh Lounge
9:30 pm	The Match Game
10:00 pm	Cigars Under the Stars
10:00 pm	SHOWTIME for Second Sitting Guests
11:00 pm	Filipino Crew Show
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## Service Hours

PHYSICIAN HOURS(A-Deck forward,port) 10:00 am - 11:00 am and 5:00 pm - 6:00 pm Nurse on Day 20

8:00 am - 12:00 nn and 2:00 pm - 6:00 pm

MEDICAL EMERGENCY ONLY dial 911 OCEAAN BOUTIQUES (Upper Prom. Deck) 9:00 am - 10:30 pm

SELF SERVICE LAUNDRY 8:00 am - 10:00 pm

▼MASSAGE & BÉAUTY SALON (Lido Deck)
8:00 am - 8:00 pm

SAUNA & OCEAN SPA FITNESS CENTER (Lido Deck) 7:00 am - 9:00 pm

POOLS & JACUZZI(Lido Deck) 7:00 am - 9:00 pm

SHORE EXCURSION OFFICE (Prom. Deck) 9:00 am - 12:00 nn and 2:00 pm - 5:00 pm Drop Box available when office is closed.

PHOTO GALLERY (Promenade Deck)

9:00 am - 9:00 pm CASINO (Upper Prom. Deck) Slot Machines: 9:00 am - closing Tables: 11:00 am - closing Craps: 9:20 pm - closing Blackjack Tournament: 2:00 pm - 4:00 pm

INTERNATIONAL HOSPITALITY DESK

(Atrium, Upper Promenade Deck) 9:30 am - 10:00 am & 5:00 pm - 5:30 pm

GUESTRELATIONS MANAGER (Prom. Deck) 9:00 am - 11:00 am & 3:00 pm - 5:00 pm ART GALLERY (Hudson Room, Prom. Deck)

10:00 am - 12:00 nn & 7:00 pm - 12:00 mn JAVA CAFE(Promenade Deck)

8:00 am - 11:00 am & 2:30 pm - 5:00 pm JUICE BAR (inside Ocean Spa)

8:00 am - 11:00 am & 2:30 pm - 5:00 pm

## Dining Hours

## BREAKFAST

Lido Restaurant

Continental Breakfast 7:00 am - 11:00 am 7:30 am - 10:00 am Rotterdam Dining Room 8:00 am - 9:30 am Express Breakfast available on Promenade level of the Rotterdam Dining Room.

LUNCH

Lido Restaurant 11:30 am - 2:00 pm Poolside Lido Deck Food Corner Hamburgers, Hot Dogs & Potato Bar:

11:30 am - 2:30 pm

Rotterdam Dining Room 12:30 pm - 1:30 pm

DUTCH DINNER

Rotterdam Dining Room First Sitting Guests

First Sitting Guests 6:00 pm Second Sitting Guests 8:15 pm

LATE SNACK: FILIPINO STYLE

Lido Restaurant 11:15 pm - 12:15 am

ICE CREAM PARLOR (Lido Restaurant)

11:30 am - 2:30 pm 4:00 pm - 5:00 pm 11:15 pm - 12:15 am

Coffee and Tea are available 24 hours in the Lido Restaurant.

