Day at a Glance

	- Juj ut u situito
7:00 am - 7:00 pm	Our Fitness Instructor is available
	♥ Walk-a-Mile with our Fitness Instructor Lower Promenade Deck
8:30 am - 8:00 pm	Sports equipment is available
	▼ Low Impact Aerobics
9:00 am	Gym Orientation
9:00 am - 3:00 pm	Ray's Daily Quiz is available
9:00 am - 5:00 pm	The Reading Room is open with playing cards, indoor games and books.
	Hair, Beauty, & Fitness Demonstration Ocean Spa
10:00 am	Morning Coffee Talk with Hostess Annika, today's guest Hotel
10.00	Manager, Hans Dernison Explorers Lounge
10:00 am	Bridge Lecture with our expert Eileen Neisen
10:00 am	La Therapie Facial Demonstration
10:30 am	Enrichment Lecture & Slide Presentation "Birth of an Island"
10.20 11.00	Van Gogh Lounge
10:30 am -11:00 am	Lemonade is served
11:00 am	"Scattergories" word game with the Cruise Staff Ocean Bar
11:15 am	Art & Antique Tour with Carlos Crow's Nest entrance
11:30 am -12:30 pm	Deck Music
11:30 am	
11.46 am	the Jackpot stands over \$500.00
	Piano music for your listening and dining pleasure Lido Restaurant
12:00 nn - 1:00 pm	
12:00 nn	The ship's whistle will be tested. Art Viewing for todays auction
12:15 pm	
1:00 pm	The Voice from the Bridge with weather information. ▼ Line Dance Class with the Cast
	"Service Club" Make-up Meeting
1:30 pm 1:30 pm	Well-being Seminar
2:00 pm	Duplicate Bridge with expert Eileen Neissen
2:00 pm	Ladies' Golf Chipping with the Cruise Staff Lido Pool
2:00 pm	Port and Shopping Lecture on Hilo, Hawaii.
2.00 pm	with your Port Lecturer expert, Gary Van Gogh Lounge
2:15 pm	Vegetable and Fruit Carving Demonstration
2:30 pm	Gaming Lessons
2:30 pm	Wine Tasting Seminar
	♥ Men's Golf Chipping Lido Pool
3:00 pm	♥ Total Toning with the Fitness Girls Ocean Spa
3:00 pm	Dutch Language Class with Maura Explorers Lounge, Piano Bar
3:15 pm - 4:00 pm	Royal High Tea
3:30 pm	ART AUCTION
3:30 pm	♥ Stretch and Relax (1st sitting) with our Fitness Instructor Ocean Spa
3:30 pm	Team Trivia with the Cruise Staff Ocean Bar
3:30 pm - 4:00 pm	Iced Tea is served Open Decks
4:00 pm	♥ Mixed Quoits Get-Together Sports Deck
4:00 pm	♥ Walk-a-Mile with our Fitness Instructor Lower Promenade Deck
4:15 pm	Pictionary (a lot like "Win, Lose or Draw")
	with the Cruise Staff Ocean Bar
4:30 pm	SNOWBALL CASH BINGO with Todd Van Gogh Lounge
4:30 pm	Friends of Bill W meeting Piano Bar
4:30 pm	♥ Stretch and Relax (2nd sitting) with our Fitness InstructorOcean Spa
6:45 pm	SHOWTIME for 2nd Sitting Guests
7:30 pm & 8:30 pm	Seated Art Lectures
7:45 pm - 8:15 pm	Dance to the Statendam Orchestra
8:15 pm	SHOWTIME for 1st Sitting Guests
9:30 pm&11:15 pm	Seated Art Lectures Hudson room
9:30 pm	Sing - Along with Katia Piano Bar
10:00 pm	Fabulous 50's Party

Service Hours

PHYSICIAN HOURS(A-Deck forward, port) 10:00 am - 11:00 am and 5:00 pm - 6:00 pm Nurse on Duty:

8:00 am - 12:00 nn and 2:00 pm - 6:00 pm

MEDICAL EMERGENCY ONLY dial 911 OCEAAN BOUTIQUES (Upper Prom. Deck) 9:00 am - 10:30 pm

SELF SERVICE LAUNDRY 8:00 am - 10:00 pm

▼MASSAGE & BEAUTY SALON (Lido Deck) 8:00 am - 8:00 pm

SAUNA & OCEAN SPAFITNESS CENTER (Lido Deck) 7:00 am - 9:00 pm

POOLS&JACUZZI

Lido Deck 7:00 am - 9:00 pm Navigation Deck 7:00 am - 1:00 am

SHORE EXCURSION OFFICE (Prom. Deck) 9:00 am - 12:00 nn & 2:00 pm & 5:00 pm Drop Box available when office is closed.

PHOTO GALLERY (Promenade Deck) 9:00 am - 9:00 pm

CASINO (Upper Prom. Deck) Slots: 9:00 am - close Dice: 9:20 am - close Tables: 11:00 am-close /Slots Clinic: 10:30 am Gaming Lessons 2:30 pm

INTERNATIONAL HOSPITALITY DESK (Atrium, Upper Promenade Deck) 9:30 am - 10:00 am & 5:00 pm - 5:30 pm

GUEST RELATIONS MGR. (Prom. Deck) 8:00 am - 9:00 am, 10:00 am - 11:00 am & 3:00 pm - 5:00 pm

ART GALLERY (Hudson Room, Prom. Deck) 7:00 pm - 12:00 mn

EXPLORERS LOUNGE (Coffee Bar) 8:30 am - 12:00 nn & 2:30 pm - 5:00 pm

JUICE BAR (inside Ocean Spa) 8:00 am - 11:00 am & 2:30 pm - 5:00 pm

Dining Hours

BREAKFAST

Lido Restaurant Continental Breakfast Breakfast

7:00 am -11:00 am 7:30 am -10:00 am 8:00 am - 9:30 am Rotterdam Dining Room

BRUNCH

11:00 am - 2:00 pm Lido Restaurant Poolside Lido Deck Food Comer

Hamburgers, Hot Dogs 11:30 am - 2:30 pm Oriental Stir Fry 11:30 am - 2:30 pm Rotterdam Dining Room 12:30 pm - 1:30 pm

CARIBBEAN DINNER

Rotterdam Dining Room

5:45 pm First Sitting Guests Second Sitting Guests 8:00 pm

LATE SNACK: FRENCH STYLE

11:15 pm -12:15 am Lido Restaurant ICE CREAM PARLOR (Lido Restaurant)

4:00 pm - 5:00 pm 11:30 am - 2:30 pm 11:15 pm -12:15 am

Coffee and Tea are available 24 hours in the Lido Restaurant.

